

What is the injury prevention e-toolkit?

Tamariki Ora Whanau Ora



Given their explorative stage of development, children aged 0-5 years have been identified as an “at risk” group for unintentional injury in the home. This Injury Prevention e-toolkit has been designed to prevent the large number of young children who die or are seriously injured each year from falls, hot water burns and poisonings.

Frequently Asked Questions

What is the injury prevention e-toolkit?

The injury prevention e-toolkit is a technical tool that aims to compliment the injury prevention efforts of community providers who work with families of young children. In essence, it structures the delivery of injury prevention information and in-home support by providing community workers with a step-by-step guide for carrying out injury prevention with families in their own home environment.

The e-toolkit consists of 7 downloadable components:

- This Frequently Asked Question sheet
- A “your guide” information sheet that provides a suggested course of action or procedure for getting your project up and running
- An information sheet to engage parents/ caregivers in your project. This is formatted in Word so that you can adjust it to suit your project needs

- An implementation manual that provides a step-by-step guide to carrying out the project
- A separate cover page to attach to the implementation manual also formatted in Word so that you can incorporate your organisation’s name and logo
- Three “quick tip” sheets that you can give to parents during project implementation so that they can learn some easy home safety strategies
- A ready-to-use excel spreadsheet to help you evaluate the success of your injury prevention project.

Who is this e-toolkit resource for?

The injury prevention e-toolkit is a FREE resource that is designed to be downloaded and utilised by groups, organisations or agencies interested in delivering evidenced based injury prevention for the under 5’s into the home environment.

How much work is involved?

Essentially, your injury prevention project can be as big or as small as you like so that it can fit in with your community and/or organisational context. For example, if you only want to focus on falls prevention, then you only need to use the falls component of the implementation manual. Similarly, if you only want to focus on poisonings prevention and child car restraint safety, then you only need to utilise those specific sections of the manual.



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Frequently Asked Questions

Are extra home visits required?

The home visits required for project implementation can be easily incorporated into your existing home visiting schedule so that NO extra visits are required.

How much will it cost to implement the project?

In its simplest form, this project requires no additional funds. If, however, you choose to supplement your project with some additional injury prevention resources to give to families, then 'yes' this may come at a small cost particularly if these resources cannot be found free of charge or at a discounted rate.

What injury prevention issues does the e-toolkit include?

The e-toolkit focuses on the delivery of falls, hot water burns, and poisonings prevention, plus child car restraint safety.

Is the evaluation component of the project compulsory?

Whilst evaluating your injury prevention efforts is encouraged it is not a compulsory component of this project. It is recommended,

however, that you ask families the knowledge and behaviour questions during each visit as stated in the implementation manual, as this information provides a good record of what has been covered in each visit and helps identify where families might need some extra support and encouragement.

Why evaluate the project?

Evaluation data is very useful. It can be used for reporting purposes (e.g. to funders), and it can provide information on how peoples attitudes and behaviour have changed as a direct result of your project.

This sounds interesting. What do I do next?

It is suggested that you now read component 2 of the e-toolkit titled "Your Guide".

Need extra help or information?

Please contact Carmen O'Meeghan at Toi Te Ora Public Health Service on 07 577 3785 or carmen.o'meeghan@bopdnhb.govt.nz

