



## Calendar of Public Health Events for 2018

| Date                             | Event   | Website   |
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| <b>JANUARY Kohi-tātea 2018</b>   |   |   |
| 4                                | World Braille Day   | <a href="http://www.rnzfb.org.nz">www.rnzfb.org.nz</a>  |
| <b>FEBRUARY HUI-TANGURU 2018</b> |   |   |
| TBC                              | 5 + A Day Challenge for all New Zealanders  | <a href="http://www.5aday.co.nz/">http://www.5aday.co.nz/</a>   |
| 1 - 28                           | Heart Health Awareness Month  | <a href="http://www.heartfoundation.org.nz/for-women">www.heartfoundation.org.nz/for-women</a>  |
| 1 – 28                           | Aotearoa Bike Challenge month   | <a href="http://www.bikewise.co.nz">www.bikewise.co.nz</a>  |
| 2                                | World Wetlands Day: Wetlands for a Sustainable Urban Future                               | <a href="http://www.doc.govt.nz/worldwetlandsday">www.doc.govt.nz/worldwetlandsday</a>  |
| 3                                | Te Aka Mauri Open Day   | <a href="http://www.rotorualibrary.govt.nz/about-your-library/teakamauri">www.rotorualibrary.govt.nz/about-your-library/teakamauri</a>  |
| 4                                | World Cancer Day  | <a href="http://www.un.org/en/events/cancerday/">www.un.org/en/events/cancerday/</a>  |
| 6                                | Waitangi Day  | <a href="http://www.waitangi.org.nz/events">www.waitangi.org.nz/events</a>  |
| 20                               | World Day of Social Justice   | <a href="http://www.un.org/en/sections/observances/international-days/index.html">www.un.org/en/sections/observances/international-days/index.html</a>                                      |
| 23                               | Big Heart Appeal 2018   | <a href="http://www.heartfoundation.org.nz/get-involved/events/big-heart-appeal-2018">www.heartfoundation.org.nz/get-involved/events/big-heart-appeal-2018</a>                              |
| TBC                              | Go by Bike Day  | <a href="http://www.bikewise.co.nz/events/go-bike-day">www.bikewise.co.nz/events/go-bike-day</a>  |
| 26 Feb – 4 Mar                   | Well Child Week   | <a href="http://www.wellchild.org.nz">www.wellchild.org.nz</a>  |
| TBC                              | Hearing Week  | <a href="http://www.nfd.org.nz/our-work/events/">www.nfd.org.nz/our-work/events/</a>  |
| <b>MARCH Poutū-te-rangi 2018</b> |   |   |
| 1 -31                            | Stay SunSmart in March  | <a href="http://wellplace.nz/event-calendar/stay-sunsmart-in-march/">http://wellplace.nz/event-calendar/stay-sunsmart-in-march/</a>   |
| 1                                | Zero Discrimination Day UNAIDS  | <a href="http://www.unaids.org/en/resources/campaigns/2017_zerodiscriminationday">www.unaids.org/en/resources/campaigns/2017_zerodiscriminationday</a>                                      |
| 1                                | World Book Day  | <a href="http://www.worldbookday.com">www.worldbookday.com</a>  |
| 3 - 11                           | Seaweek- Kaupapa Moana: Toiora te Moana – Toiora te Tangata- Healthy Seas, Healthy People | <a href="http://seaweek.org.nz/">http://seaweek.org.nz/</a>   |
| 4 - 10                           | Playcentre Awareness Week   | <a href="http://www.playcentre.org.nz/Event?Action=View&amp;Event_id=27">www.playcentre.org.nz/Event?Action=View&amp;Event_id=27</a>  |
| 4                                | National Children’s Day   | <a href="http://www.childrensday.org.nz">www.childrensday.org.nz</a>  |
| 3-4                              | Children’s Weekend Rotorua  | <a href="http://www.rotorualakescouncil.nz/childrensweekend">http://www.rotorualakescouncil.nz/childrensweekend</a>   |
| 10-16                            | Rotorua Parks Week  | <a href="http://www.rotorualakescouncil.nz/our-city/whats-on/Pages/Rotorua-Parks-Week-2018.aspx">http://www.rotorualakescouncil.nz/our-city/whats-on/Pages/Rotorua-Parks-Week-2018.aspx</a> |
| 8                                | International Women's Day   | <a href="http://www.internationalwomensday.com">www.internationalwomensday.com</a>  |
| 10                               | Relay for Life  | <a href="http://www.relayforlife.org.nz/">www.relayforlife.org.nz/</a>  |

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| 14                             | Walk2Work Day  | <a href="http://www.livingstreets.org.nz/walk2work">www.livingstreets.org.nz/walk2work</a>   |
| 17 & 18                        | Rotorua Walking Festival                                       | <a href="http://www.rotoruawalkingfestival.org.nz/">www.rotoruawalkingfestival.org.nz/</a>   |
| 19                             | Shave for a Cure   | <a href="https://shaveforacure.co.nz/">https://shaveforacure.co.nz/</a>  |
| 20                             | World Oral Health Day  | <a href="http://www.healthsmiles.org.nz/default,1356,national-oral-health-day-sm">www.healthsmiles.org.nz/default,1356,national-oral-health-day-sm</a>                                     |
| 21                             | International Day for the Elimination of Racial Discrimination | <a href="http://www.un.org/en/events/racialdiscriminationday">www.un.org/en/events/racialdiscriminationday</a>   |
| 22                             | World Water Day  | <a href="http://www.un.org/en/events/waterday">www.un.org/en/events/waterday</a>   |
| 23 - 24                        | Red Puppy Appeal   | <a href="http://blindfoundation.org.nz/support-us/red-puppy-appeal">http://blindfoundation.org.nz/support-us/red-puppy-appeal</a>  |
| 24                             | World Tuberculosis Day   | <a href="http://www.stoptb.org">www.stoptb.org</a>   |
| 24 - 25                        | Neighbours Day Aotearoa  | <a href="http://www.neighboursday.org.nz">www.neighboursday.org.nz</a>   |
| <b>APRIL Paengawhāwhā 2018</b> |  |  |
| 2                              | World Autism Awareness Day                                     | <a href="http://www.autismnz.org.nz/about_us/news/autism-awareness-week-2017">www.autismnz.org.nz/about_us/news/autism-awareness-week-2017</a>   |
| 7                              | World Health Day   | <a href="http://www.who.int">www.who.int</a>   |
| 17                             | World Hemophilia Day   | <a href="http://www.wfh.org/en/whd">www.wfh.org/en/whd</a>   |
| 22                             | World Earth Day 'End Plastic Pollution'                        | <a href="http://www.earthday.org/campaigns/">www.earthday.org/campaigns/</a>   |
| 25                             | World Malaria Day  | <a href="http://www.who.int/campaigns/malaria-day/2017/event/en/">www.who.int/campaigns/malaria-day/2017/event/en/</a>   |
| 28                             | World Day of Safety and Health @ Work                          | <a href="http://www.un.org/en/events/safeworkday/">www.un.org/en/events/safeworkday/</a>   |
| 30 - 6                         | NZ Immunisation Week   | <a href="http://www.immune.org.nz">www.immune.org.nz</a>   |
| <b>MAY HARATUA 2018</b>        |  |  |
| 30 - 6                         | NZ Immunisation Week   | <a href="http://www.immune.org.nz">www.immune.org.nz</a>   |
| 5                              | International Midwives Day                                     | <a href="http://www.midwiferycouncil.org.nz">www.midwiferycouncil.org.nz</a><br><a href="http://www.internationalmidwives.org/events/idotm">www.internationalmidwives.org/events/idotm</a> |
| 5                              | World Hand Washing Day   | <a href="http://www.handhygiene.org.nz">www.handhygiene.org.nz</a>   |
| 5                              | World Asthma Day   | <a href="http://www.ginasthma.org">www.ginasthma.org</a>   |
| 7-13                           | Road Safety Week: Save Lives #SlowDown                         | <a href="http://www.brake.org.nz/campaigns-events/events-training/road-safety-week">www.brake.org.nz/campaigns-events/events-training/road-safety-week</a>                                 |
| 8                              | World Red Cross Day  | <a href="http://www.redcross.org.nz">www.redcross.org.nz</a>   |
| 12                             | International Nurses Day                                       | <a href="http://www.nursingcouncil.org.nz">www.nursingcouncil.org.nz</a>   |
| 15                             | International Day of Families                                  | <a href="http://www.un.org/en/events/familyday/">http://www.un.org/en/events/familyday/</a>  |
| 18                             | Pink Shirt Day – Stop Bullying                                 | <a href="http://www.pinkshirtday.org.nz/">www.pinkshirtday.org.nz/</a>   |
| 19 – 27                        | Youth Week – Theme 'Be who you want to be'                     | <a href="http://www.arataiohi.org.nz">www.arataiohi.org.nz</a>   |
| 27                             | World Multiple Sclerosis Day                                   | <a href="https://www.msnz.org.nz/world-ms-day/">https://www.msnz.org.nz/world-ms-day/</a>  |
| 31                             | World Smokefree Day  | <a href="http://www.smokefree.org.nz/smokefree-in-action/world-smokefree-day-0">www.smokefree.org.nz/smokefree-in-action/world-smokefree-day-0</a>   |
| <b>JUNE PIPIRI 2018</b>        |  |  |
| 1 - 30                         | Men's Health Month   | <a href="http://menshealthnz.org.nz/mens-health-month/">http://menshealthnz.org.nz/mens-health-month/</a>  |

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| 1 - 30                          | Junk-Free June   | <a href="https://nz.junkfreejune.org/">https://nz.junkfreejune.org/</a>  |
| 5                               | World Environment Day  | <a href="http://worldenvironmentday.global/">http://worldenvironmentday.global/</a>  |
| 14                              | World Blood Donor Day  | <a href="https://www.nzblood.co.nz/give-blood/world-blood-donor-day">https://www.nzblood.co.nz/give-blood/world-blood-donor-day</a>  |
| 15                              | Matariki   | <a href="http://mch.govt.nz/nz-identity-heritage/matariki">http://mch.govt.nz/nz-identity-heritage/matariki</a>  |
| 20                              | World Refugee Day  | <a href="http://www.un.org/en/events/refugeeday">www.un.org/en/events/refugeeday</a>   |
| 17 - 23                         | National Volunteer Week                                      | <a href="http://www.volunteeringnz.org.nz">www.volunteeringnz.org.nz</a>   |
| 26                              | International Day Against Drug Abuse and Illicit Trafficking | <a href="https://www.unodc.org/listenfirst/en/index.html">https://www.unodc.org/listenfirst/en/index.html</a>  |
| 27                              | Helen Keller Communication Day                               | <a href="http://blindfoundation.org.nz">http://blindfoundation.org.nz</a>  |
| <b>JULY Hōngongi 2018</b>       |  |  |
| 2                               | Red Puppy Bikkie Day   | <a href="http://blindfoundation.org.nz/support-us/Red-Puppy-Bikkie-Day">http://blindfoundation.org.nz/support-us/Red-Puppy-Bikkie-Day</a>  |
| 28                              | World Hepatitis Awareness Day                                | <a href="https://www.hepatitisfoundation.org.nz/news/world-hepatitis-day-friday-july-28/">https://www.hepatitisfoundation.org.nz/news/world-hepatitis-day-friday-july-28/</a>  |
| 30                              | International Day of Friendship                              | <a href="http://www.un.org/en/events/friendshipday/">http://www.un.org/en/events/friendshipday/</a>  |
| <b>AUGUST Hereturikōkā 2018</b> |  |  |
| 1 – 7                           | World Breastfeeding Week                                     | <a href="http://www.womens-health.org.nz/programmes/breastfeeding-activities/big-latch-on/">www.womens-health.org.nz/programmes/breastfeeding-activities/big-latch-on/</a>   |
| TBC                             | The Big Latch On   |  |
| 9                               | International Day of Indigenous People                       | <a href="http://www.un.org/en/events/indigenousday">www.un.org/en/events/indigenousday</a>   |
| 31                              | Cancer Society 'Daffodil Day'                                | <a href="http://www.daffodilday.org.nz">www.daffodilday.org.nz</a>   |
| <b>SEPTEMBER MAHURU 2018</b>    |  |  |
| 1 - 30                          | Breathe Better September <i>Asthma Awareness Month</i>       | <a href="http://www.breathebetterseptember.co.nz/">http://www.breathebetterseptember.co.nz/</a>  |
| 1 – 30                          | Cervical Screening Awareness Month                           | <a href="http://www.nsu.govt.nz">www.nsu.govt.nz</a>   |
| 1 – 30                          | Students Against Dangerous Driving (SADD) Month              | <a href="http://www.sadd.org.nz">www.sadd.org.nz</a>   |
| 1 - 30                          | Blue September, Prostate Cancer Awareness Month              | <a href="https://blueseptember.org.nz/#/boards/blue-september-staff-board,blueseptember">https://blueseptember.org.nz/#/boards/blue-september-staff-board,blueseptember</a>  |
| 3 - 8                           | Gambling Harm Awareness Week                                 | <a href="http://www.choicenotchoice.org.nz/gambling-harm-awareness-week">www.choicenotchoice.org.nz/gambling-harm-awareness-week</a>   |
| 8                               | International Day of Literacy                                | <a href="http://www.unesco.org/new/en/unesco/events/prizes-and-celebrations/celebrations/international-days/literacy-day">www.unesco.org/new/en/unesco/events/prizes-and-celebrations/celebrations/international-days/literacy-day</a> |
| 10                              | Suicide Prevention Day                                       | <a href="http://wspd.org.au/">http://wspd.org.au/</a>  |
| TBC                             | Maori Language Week  | <a href="http://www.tetaurawhiri.govt.nz/events-and-promotions/maori-language-week/">www.tetaurawhiri.govt.nz/events-and-promotions/maori-language-week/</a>   |
| 15                              | World Lymphoma Awareness Day                                 | <a href="http://www.lymphomacoalition.org">www.lymphomacoalition.org</a><br><a href="http://www.leukaemia.org.nz/page/433">www.leukaemia.org.nz/page/433</a>   |
| 19                              | Suffrage Day <b>125 Years</b>                                | <a href="http://www.womens-health.org.nz/suffrage-day-2017/">www.womens-health.org.nz/suffrage-day-2017/</a>   |
| 21                              | International Day of Peace                                   | <a href="http://www.un.org/en/events/peaceday">www.un.org/en/events/peaceday</a>   |
| 21                              | World Alzheimer's Month                                      | <a href="http://www.alzheimers.org.nz">www.alzheimers.org.nz</a>   |
| 22                              | World Car Free Day   | <a href="http://www.boprc.govt.nz/latest-news/media-">www.boprc.govt.nz/latest-news/media-</a>   |

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|                                       |   | <a href="#">releases/media-releases-2016/september-2016/car-free-day-take-the-bus-and-be-into-win/</a>  |
| 26                                    | World Contraception Day   | <a href="http://www.who.int/life-course/news/events/world-contraception-day/en/">www.who.int/life-course/news/events/world-contraception-day/en/</a>  |
| <b>OCTOBER Whiringa-ā-nuku 2018</b>   |   |   |
| 1 – 31                                | Health Literacy Month   | <a href="http://www.healthliteracymonth.org">www.healthliteracymonth.org</a><br><a href="http://www.healthliteracy.com">www.healthliteracy.com</a>  |
| 1 - 31                                | Save Kiwi Month   | <a href="http://www.doc.govt.nz/news/events/national-events/save-kiwi-month/">www.doc.govt.nz/news/events/national-events/save-kiwi-month/</a>  |
| 1 – 31                                | Breast Cancer Awareness Month                                       | <a href="http://www.nzbcf.org.nz">www.nzbcf.org.nz</a>  |
| 1 – 6                                 | Stroke Week   | <a href="http://www.dgreetings.com/world-teachers-day/about.html">www.dgreetings.com/world-teachers-day/about.html</a>  |
| 1                                     | International Day of Older Persons                                  | <a href="http://www.ageconcern.org.nz">www.ageconcern.org.nz</a>  |
| 5                                     | World Teachers Day  |   |
| TBC                                   | Big Blood Pressure Check  | <a href="http://www.stroke.org.nz/stroke-blood-pressure-campaign">www.stroke.org.nz/stroke-blood-pressure-campaign</a>  |
| 8                                     | World Arthritis Day   | <a href="http://www.arthritis.org.nz">www.arthritis.org.nz</a>  |
| 10<br>TBC                             | World Mental Health Day<br>Mental Health Awareness Week             | <a href="http://www.mentalhealth.org.nz">www.mentalhealth.org.nz</a>  |
| TBC                                   | Conservation Week   | <a href="http://www.doc.govt.nz/news/events/conservation-week/events/listing-your-event/">www.doc.govt.nz/news/events/conservation-week/events/listing-your-event/</a>  |
| 11                                    | International Day of the Girl Child                                 | <a href="http://www.un.org/en/events/girlchild">www.un.org/en/events/girlchild</a>  |
| 13                                    | International Day for Natural Disaster Reduction                    | <a href="http://www.civildefence.govt.nz/cdem-sector/public-education/get-ready-week/">www.civildefence.govt.nz/cdem-sector/public-education/get-ready-week/</a>  |
| TBC                                   | Breast Cancer 'Pink Ribbon Street Appeal'                           | <a href="http://www.nzbcf.org.nz">www.nzbcf.org.nz</a>  |
| 16                                    | World Food Day  | <a href="http://www.greeningtheblue.org/event/world-food-day">www.greeningtheblue.org/event/world-food-day</a>  |
| 19 - 28                               | Rotorua Bike Festival   | <a href="http://www.rotorubikefestival.com/">www.rotorubikefestival.com/</a>  |
| 20                                    | World Osteoporosis Day  | <a href="http://www.worldosteoporosisday.org/">www.worldosteoporosisday.org/</a>  |
| 20                                    | World Statistics Day  | <a href="http://www.un.org/en/events/statisticsday/">www.un.org/en/events/statisticsday/</a>  |
| 24                                    | United Nations Day  | <a href="http://www.un.org">www.un.org</a>  |
| <b>NOVEMBER Whiringa-ā-rangi 2018</b> |   |   |
| 1 – 30                                | 'Movember' Men's Health Month                                       | <a href="https://nz.movember.com/?gclid=Cj0KCQIAyNjRBRCpARIsAPDBnn2mv4cfFzR9n0xO5Nt2uf002iFOdCYRppmDd7hUuOS0N4k4FOiwdc8aAomfEALw_wcB">https://nz.movember.com/?gclid=Cj0KCQIAyNjRBRCpARIsAPDBnn2mv4cfFzR9n0xO5Nt2uf002iFOdCYRppmDd7hUuOS0N4k4FOiwdc8aAomfEALw_wcB</a> |
| 12                                    | World Pneumonia Day   | <a href="https://stoppneumonia.org/world-pneumonia-day/">https://stoppneumonia.org/world-pneumonia-day/</a>   |
| 14                                    | World Diabetes Day  | <a href="http://www.diabeteshelp.org.nz/index.php?page=world-diabetes-day">www.diabeteshelp.org.nz/index.php?page=world-diabetes-day</a>  |
| 19                                    | World Day for the Prevention of Abuse and Violence against Children | <a href="http://19days.woman.ch/index.php/en/">http://19days.woman.ch/index.php/en/</a>   |
| 25                                    | White Ribbon: you can stop violence towards women                   | <a href="https://whiteribbon.org.nz/">https://whiteribbon.org.nz/</a>   |
| <b>DECEMBER HAKIHEA 2018</b>          |   |   |
| 1                                     | World Aids Day  | <a href="http://www.nzaf.org.nz">www.nzaf.org.nz</a>  |
| 3                                     | International Day of Disabled Persons                               | <a href="http://www.dpa.org.nz">www.dpa.org.nz</a>  |

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| 7  | National Safe Sleep Day- Te Rā Mokopuna | <a href="http://sudinalnationalcoordination.co.nz/safe-sleep-day">http://sudinalnationalcoordination.co.nz/safe-sleep-day</a> |
| 10 | World Human Rights Day                  | <a href="http://www.amnesty.org.nz">www.amnesty.org.nz</a>  |
| 18 | International Migrants Day              | <a href="http://www.un.org/en/events/migrantsday">www.un.org/en/events/migrantsday</a>  |

Toi Te Ora – Public Health have collected this information from a variety of sources to be used throughout the community as a resource guide. Every effort has been made to ensure these dates are correct. For more information about each event please contact the relevant organisation through their website.

This calendar is also available online at [www.ttophs.govt.nz/calendar](http://www.ttophs.govt.nz/calendar) or for further information phone 0800 221 555.

*Toi Te Ora - Public Health is funded by the Ministry of Health and is the public health unit for the Bay of Plenty and Lakes District Health Boards. Toi Te Ora's purpose is to improve and protect the health of the population in the Lakes and Bay of Plenty districts with a focus on reducing inequalities.*

*Website: [www.ttophs.govt.nz](http://www.ttophs.govt.nz) | Twitter: [www.twitter.com/ttophs](https://www.twitter.com/ttophs)*