



Calendar of Public Health Events for 2018

Date	Event	Website
JANUARY Kohi-tātea 2018		
4	World Braille Day	www.rnzfb.org.nz
FEBRUARY HUI-TANGURU 2018		
TBC	5 + A Day Challenge for all New Zealanders	http://www.5aday.co.nz/
1 - 28	Heart Health Awareness Month	www.heartfoundation.org.nz/for-women
1 – 28	Aotearoa Bike Challenge month	www.bikewise.co.nz
2	World Wetlands Day: Wetlands for a Sustainable Urban Future	www.doc.govt.nz/worldwetlandsday
3	Te Aka Mauri Open Day	www.rotorualibrary.govt.nz/about-your-library/teakamauri
4	World Cancer Day	www.un.org/en/events/cancerday/
6	Waitangi Day	www.waitangi.org.nz/events
20	World Day of Social Justice	www.un.org/en/sections/observances/international-days/index.html
23	Big Heart Appeal 2018	www.heartfoundation.org.nz/get-involved/events/big-heart-appeal-2018
TBC	Go by Bike Day	www.bikewise.co.nz/events/go-bike-day
26 Feb – 4 Mar	Well Child Week	www.wellchild.org.nz
TBC	Hearing Week	www.nfd.org.nz/our-work/events/
MARCH Poutū-te-rangi 2018		
1 -31	Stay SunSmart in March	http://wellplace.nz/event-calendar/stay-sunsmart-in-march/
1	Zero Discrimination Day UNAIDS	www.unaids.org/en/resources/campaigns/2017_zerodiscriminationday
1	World Book Day	www.worldbookday.com
3 - 11	Seaweek- Kaupapa Moana: Toiora te Moana – Toiora te Tangata- Healthy Seas, Healthy People	http://seaweek.org.nz/
4 - 10	Playcentre Awareness Week	www.playcentre.org.nz/Event?Action=View&Event_id=27
4	National Children’s Day	www.childrensday.org.nz
TBC	Children’s Weekend Rotorua	http://www.rotorualakescouncil.nz/childrensweekend
TBC	Parks Week	www.nzrecreation.org.nz/
8	International Women's Day	www.internationalwomensday.com
10	Relay for Life	www.relayforlife.org.nz/
14	Walk2Work Day	www.livingstreets.org.nz/walk2work

17 & 18	Rotorua Walking Festival	www.rotoruawalkingfestival.org.nz/
19	Shave for a Cure	https://shaveforacure.co.nz/
20	World Oral Health Day	www.healthysmiles.org.nz/default,1356,national-oral-health-day-sm
21	International Day for the Elimination of Racial Discrimination	www.un.org/en/events/racialdiscriminationday
22	World Water Day	www.un.org/en/events/waterday
23 - 24	Red Puppy Appeal	http://blindfoundation.org.nz/support-us/red-puppy-appeal
TBC	Katikati Community Resource Centre Health and Wellbeing Expo	www.katikatiresource.co.nz/
24	World Tuberculosis Day	www.stoptb.org
24 - 25	Neighbours Day Aotearoa	www.neighboursday.org.nz
APRIL Paengawhāwhā 2018		
2	World Autism Awareness Day	www.autismnz.org.nz/about_us/news/autism-awareness-week-2017
7	World Health Day	www.who.int
17	World Hemophilia Day	www.wfh.org/en/whd
25	World Malaria Day	www.who.int/campaigns/malaria-day/2017/event/en/
28	World Day of Safety and Health @ Work	www.un.org/en/events/safeworkday/
30 - 6	NZ Immunisation Week	www.immune.org.nz
MAY HARATUA 2018		
30 - 6	NZ Immunisation Week	www.immune.org.nz
TBC	Privacy Awareness Week	http://privacy.org.nz
TBC	Salvation Army Red Shield appeal	www.salvationarmy.org.nz/redshieldappeal
5	International Midwives Day	www.midwiferycouncil.org.nz www.internationalmidwives.org/events/idotm
5	World Hand Washing Day	www.handhygiene.org.nz
5	World Asthma Day	www.ginasthma.org
8	World Red Cross Day	www.redcross.org.nz
12	International Nurses Day	www.nursingcouncil.org.nz
15	International Day of Families	http://www.un.org/en/events/familyday/
7 - 13	Road Safety Week – Theme ‘Save Lives #SlowDown	www.brake.org.nz/campaigns-events/events-training/road-safety-week
19 – 27	Youth Week – Theme ‘Be who you want to be’	www.arataiohi.org.nz
30	World Multiple Sclerosis Day	https://www.msnz.org.nz/world-ms-day/
TBC	MS Awareness Week	www.msnz.org.nz/ms-awareness-week-2017/
31	World Smokefree Day	www.smokefree.org.nz/smokefree-in-action/world-smokefree-day-0

JUNE PIPIRI 2018		
1 - 30	Men's Health Month	http://menshealthnz.org.nz/mens-health-month/
5	World Environment Day	http://worldenvironmentday.global/
14	World Blood Donor Day	https://www.nzblood.co.nz/give-blood/world-blood-donor-day
15	Matariki	http://mch.govt.nz/nz-identity-heritage/matariki
TBC	Red Puppy Bikkie Day	http://blindfoundation.org.nz/support-us/Red-Puppy-Bikkie-Day
20	World Refugee Day	www.un.org/en/events/refugeeday
17 - 23	National Volunteer Week	www.volunteeringnz.org.nz
26	International Day Against Drug Abuse and Illicit Trafficking	https://www.unodc.org/listenfirst/en/index.html
27	Helen Keller Communication Day	http://blindfoundation.org.nz
JULY Hōngongoi 2018		
TBC	Women's Refuge Awareness Month	www.womensrefuge.org.nz
28	World Hepatitis Awareness Day	https://www.hepatitisfoundation.org.nz/news/world-hepatitis-day-friday-july-28/
30	International Day of Friendship	http://www.un.org/en/events/friendshipday/
AUGUST Hereturikōkā 2018		
1 – 7	World Breastfeeding Week	www.womens-health.org.nz/programmes/breastfeeding-activities/big-latch-on/
TBC	The Big Latch On	
TBC	Silent Leadership Challenge	www.nfd.org.nz
9	International Day of Indigenous People	www.un.org/en/events/indigenousday
24	Cancer Society 'Daffodil Day'	www.daffodilday.org.nz
SEPTEMBER MAHURU 2018		
1 - 30	World Alzheimer's Month	www.alzheimers.org.nz
1 - 30	Breathe Better September <i>Asthma Awareness Month</i>	http://www.breathebetterseptember.co.nz/
1 – 30	Cervical Screening Awareness Month	www.nsu.govt.nz
1 – 30	Students Against Dangerous Driving (SADD) Month	www.sadd.org.nz
1 - 30	Blue September, Prostate Cancer Awareness Month	https://blueseptember.org.nz/#/boards/blue-september-staff-board,blueseptember
1	National Gamble Free Day	www.choicenotchance.org.nz/gambling-harm-awareness-week
8	International Day of Literacy	www.unesco.org/new/en/unesco/events/prizes-and-celebrations/celebrations/international-days/literacy-day
10	Suicide Prevention Day	http://wspd.org.au/
TBC	Maori Language Week	www.tetaurawhiri.govt.nz/events-and-promotions/maori-language-week/
15	World Lymphoma Awareness Day	www.lymphomacoalition.org www.leukaemia.org.nz/page/433

19	Suffrage Day 125 Years	www.womens-health.org.nz/suffrage-day-2017/
21	International Day of Peace	www.un.org/en/events/peaceday
22	World Car Free Day	www.boprc.govt.nz/latest-news/media-releases/media-releases-2016/september-2016/car-free-day-take-the-bus-and-be-into-win/
26	World Contraception Day	www.who.int/life-course/news/events/world-contraception-day/en/
OCTOBER Whiringa-ā-nuku 2018		
1 – 31	Health Literacy Month	www.healthliteracymonth.org www.healthliteracy.com
1 - 31	Save Kiwi Month	www.doc.govt.nz/news/events/national-events/save-kiwi-month/
1 – 31	Breast Cancer Awareness Month	www.nzbcf.org.nz
1	International Day of Older Persons	www.ageconcern.org.nz
8	World Arthritis Day	www.arthritis.org.nz
10 TBC	World Mental Health Day Mental Health Awareness Week	www.mentalhealth.org.nz
TBC	Conservation Week	www.doc.govt.nz/news/events/conservation-week/events/listing-your-event/
11	International Day of the Girl Child	www.un.org/en/events/girlchild
13	International Day for Natural Disaster Reduction	www.civildefence.govt.nz/cdem-sector/public-education/get-ready-week/
TBC	Breast Cancer 'Pink Ribbon Street Appeal'	www.nzbcf.org.nz
16	World Food Day	www.greeningtheblue.org/event/world-food-day
19 - 28	Rotorua Bike Festival	www.rotoruabikefestival.com/
20	World Osteoporosis Day	www.worldosteoporosisday.org/
20	World Statistics Day	www.un.org/en/events/statisticsday/
24	United Nations Day	www.un.org
NOVEMBER Whiringa-ā-rangi 2018		
1 – 30	'Movember' Men's Health Month	https://nz.movember.com/?gclid=Cj0KCQiAyNjRBRCpARIsAPDBnn2mv4cfzR9n0xO5Nt2uf002iFOdCYRppmDd7hUuOSON4k4FOiwdc8aAomfEALw_wcB
12	World Pneumonia Day	https://stopppneumonia.org/world-pneumonia-day/
14	World Diabetes Day	www.diabeteshelp.org.nz/index.php?page=world-diabetes-day
19	World Day for the Prevention of Abuse and Violence against Children	http://19days.woman.ch/index.php/en/
25	White Ribbon: you can stop violence towards women	https://whiteribbon.org.nz/
DECEMBER HAKIHEA 2018		
1	World Aids Day	www.nzaf.org.nz
3	International Day of Disabled Persons	www.dpa.org.nz

7	National Safe Sleep Day- Te Rā Mokopuna	http://sudinalnationalcoordination.co.nz/safe-sleep-day
10	World Human Rights Day	www.amnesty.org.nz
18	International Migrants Day	www.un.org/en/events/migrantsday

Toi Te Ora – Public Health have collected this information from a variety of sources to be used throughout the community as a resource guide. Every effort has been made to ensure these dates are correct. For more information about each event please contact the relevant organisation through their website.

This calendar is also available online at www.ttophs.govt.nz/calendar or for further information phone 0800 221 555.

Toi Te Ora - Public Health is funded by the Ministry of Health and is the public health unit for the Bay of Plenty and Lakes District Health Boards. Toi Te Ora's purpose is to improve and protect the health of the population in the Lakes and Bay of Plenty districts with a focus on reducing inequalities.

Website: www.ttophs.govt.nz | Twitter: www.twitter.com/ttophs