

## Calendar of Public Health Events for 2016

Date	Event	Website
<b>JANUARY 2016</b>		
4	World Braille Day	<a href="http://www.rnzfb.org.nz">www.rnzfb.org.nz</a>
<b>FEBRUARY 2016</b>		
1 – 5	Term 1 begins – Primary, Intermediate and Secondary schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
1 – 28	IHC National Awareness and Appeal Month	<a href="http://www.ihc.org.nz">www.ihc.org.nz</a>
1 - 28	5 + A Day Challenge for all New Zealanders	<a href="http://www.5aday.co.nz/5plus-a-day/take-the-5plus-a-day-challenge.aspx">www.5aday.co.nz/5plus-a-day/take-the-5plus-a-day-challenge.aspx</a>
1 - 28	5 + A Day Challenge for Early Childhood Centres	<a href="http://www.5aday.co.nz/5plus-a-day/the-5plus-a-day-early-childhood-challenge.aspx">www.5aday.co.nz/5plus-a-day/the-5plus-a-day-early-childhood-challenge.aspx</a>
1 – 28	National Bike Wise Month – Go by Bike Day on 11 February	<a href="http://www.bikewise.co.nz">www.bikewise.co.nz</a>
20	World Day of Social Justice	<a href="http://www.un.org/en/sections/observances/international-days/index.html">www.un.org/en/sections/observances/international-days/index.html</a>
29 Feb – 5 Mar	Well Child Week	<a href="http://www.wellchild.org.nz">www.wellchild.org.nz</a>
<b>MARCH 2016</b>		
1 – 31	Child Cancer Appeal Month / 'Beads Of Courage' appeal on TBC March	<a href="http://www.childcancer.org.nz">www.childcancer.org.nz</a>
1 – 31	Melanoma Awareness Month / Go Spotty Day on 24 March	<a href="http://www.melanoma.org.nz">www.melanoma.org.nz</a>
1 – 31	Epilepsy New Zealand Awareness and Appeal Month / International Purple Day on 26 March – Global day of epilepsy awareness	<a href="http://www.epilepsy.org.nz">www.epilepsy.org.nz</a>
1	Zero Discrimination Day UNAIDS	<a href="http://www.unaids.org/en/resources/campaigns/20150204_zerodiscrimination">www.unaids.org/en/resources/campaigns/20150204_zerodiscrimination</a>
3	World Book Day	<a href="http://www.worldbookday.com">www.worldbookday.com</a>
6	National Children's Day	<a href="http://www.childrensday.org.nz">www.childrensday.org.nz</a>
7 - 13	Plunket Society Fundraising Week	<a href="http://www.plunket.org.nz">www.plunket.org.nz</a>
8	International Women's Day	<a href="http://www.internationalwomensday.com">www.internationalwomensday.com</a>
9	Walk To Work Day	<a href="http://www.livingstreets.org.nz/walk2work">www.livingstreets.org.nz/walk2work</a>
20	World Oral Health Day	<a href="http://www.nzda.org.nz">www.nzda.org.nz</a> <a href="http://www.worldoralhealthday.com">www.worldoralhealthday.com</a>
18 -19	Child Cancer "Beads of Courage" street appeal	<a href="http://www.childcancer.org.nz">www.childcancer.org.nz</a>
21	International Day for the Elimination of Racial Discrimination	<a href="http://www.un.org/en/events/racialdiscriminationday">www.un.org/en/events/racialdiscriminationday</a>
22	World Water Day	<a href="http://www.un.org/en/events/waterday">www.un.org/en/events/waterday</a>
24	World Tuberculosis Day	<a href="http://www.stoptb.org">www.stoptb.org</a>
19 - 20	Neighbours Day Aotearoa	<a href="http://www.neighboursday.org.nz">www.neighboursday.org.nz</a>

**APRIL 2016**

1 - 2	Red Puppy Appeal	<a href="http://www.rnzfb.org.nz">www.rnzfb.org.nz</a>
2	World Autism Day	<a href="http://www.autismnz.org.nz">www.autismnz.org.nz</a>
7	World Health Day	<a href="http://www.who.int">www.who.int</a>
15	Term 1 ends – Primary, Intermediate and Secondary schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
24 – 30	World Immunisation Week	<a href="http://www.health.govt.nz">www.health.govt.nz</a> <a href="http://www.immune.org.nz">www.immune.org.nz</a>
25	World Malaria Day	<a href="http://www.worldmaliariday.org">www.worldmaliariday.org</a>
28	World Day of Safety and Health at Work	<a href="http://www.acc.co.nz">www.acc.co.nz</a>

**MAY 2016**

1 – 7	Privacy Awareness Week	<a href="http://privacy.org.nz">http://privacy.org.nz</a>
2	Term 2 begins - Primary, Intermediate and Secondary schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
2 - 8	Salvation Army Red Shield appeal	<a href="http://www.salvationarmy.org.nz">www.salvationarmy.org.nz</a>
5	International Midwives Day	<a href="http://www.midwiferycouncil.org.nz">www.midwiferycouncil.org.nz</a> <a href="http://www.internationalmidwives.org/events/idotm">www.internationalmidwives.org/ev ents/idotm</a>
5	World Hand Washing Day	<a href="http://www.handhygiene.org.nz">www.handhygiene.org.nz</a>
5	World Asthma Day	<a href="http://www.ginasthma.org">www.ginasthma.org</a>
8	World Red Cross Day	<a href="http://www.redcross.org.nz">www.redcross.org.nz</a>
12	ME Awareness Day	<a href="http://www.anzmes.org.nz">www.anzmes.org.nz</a>
12	International Nurses Day – Theme 'Nurses: A force for Change: Improving Health System Resilience'	<a href="http://www.nursingcouncil.org.nz">www.nursingcouncil.org.nz</a>
15	International Day of Families	<a href="http://www.un.org">www.un.org</a>
16 - 22	Hospice Awareness Week	<a href="http://www.hospice.org.nz">www.hospice.org.nz</a>
16 - 22	Road Safety Week – Theme 'Look out for Kids'	<a href="http://www.brake.org.nz">www.brake.org.nz</a>
21 – 29	Youth Week – Theme 'Giving Back is Giving Forward'	<a href="http://www.arataiohi.org.nz">www.arataiohi.org.nz</a>
18 – 24	Coeliac Awareness Week – Theme 'Children, Youth and Young Adults'	<a href="http://www.coeliac.co.nz">www.coeliac.co.nz</a>
27	World Multiple Sclerosis Day	<a href="http://www.msnz.org.nz">www.msnz.org.nz</a>
31	World No Tobacco Day	<a href="http://smokefree.org.nz/world-smokefree-day">http://smokefree.org.nz/world- smokefree-day</a>
31 – 6 Jun	National Infant and Child Gastric Reflux Awareness Week	<a href="http://www.cryingoverspiltmilk.co.nz">www.cryingoverspiltmilk.co.nz</a>

**JUNE 2016**

1 - 30	Just Cook Month	<a href="http://www.justcook.co.nz">www.justcook.co.nz</a>
6	Matariki	<a href="http://www.teara.govt.nz/en/matariki-maori-new-year">www.teara.govt.nz/en/matariki-maori- new-year</a>
13	Red Puppy Bikkie Day	<a href="http://blindfoundation.org.nz/support-us/Red-Puppy-Bikkie-Day">http://blindfoundation.org.nz/support- us/Red-Puppy-Bikkie-Day</a>
14	World Blood Donor Day	<a href="http://www.nzblood.co.nz/give-blood/world-blood-donor-day">www.nzblood.co.nz/give-blood/world- blood-donor-day</a>
20	World Refugee Day	<a href="http://www.un.org/en/events/refugeeday">www.un.org/en/events/refugeeday</a>
19 - 25	National Volunteer Week	<a href="http://www.volunteeringnz.org.nz">www.volunteeringnz.org.nz</a>
20 – 26	World Continence Awareness Week	<a href="http://www.continence.org.nz">www.continence.org.nz</a>
26	International Day Against Drug Abuse and Illicit Trafficking	<a href="http://www.undcp.org">www.undcp.org</a>

27	Helen Keller Communication Day	<a href="http://blindfoundation.org.nz">http://blindfoundation.org.nz</a>
<b>JULY 2016</b>		
1 – 31	Women's Refuge Awareness Month	<a href="http://www.womensrefuge.org.nz">www.womensrefuge.org.nz</a>
8	Term 2 ends – Primary, Intermediate and Secondary schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
25	Term 3 begins – Primary, Intermediate and Secondary schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
28	World Hepatitis Awareness Day	<a href="http://www.hepfoundation.org.nz">www.hepfoundation.org.nz</a>
<b>AUGUST 2016</b>		
1 – 31	@ Heart Awareness Month	<a href="http://www.heartnz.org.nz">www.heartnz.org.nz</a>
1 – 7	World Breastfeeding Week	<a href="http://www.womens-health.org.nz">www.womens-health.org.nz</a>
5	Silent Leadership Challenge	<a href="http://www.nfd.org.nz">www.nfd.org.nz</a>
9	International Day of Indigenous People	<a href="http://www.un.org/en/events/indigenousday">www.un.org/en/events/indigenousday</a>
15 - 21	Cystic Fibrosis Week	<a href="http://www.cfnz.org.nz">www.cfnz.org.nz</a>
26	Cancer Society 'Daffodil Day'	<a href="http://www.daffodilday.org.nz">www.daffodilday.org.nz</a>
<b>SEPTEMBER 2016</b>		
1	National Gamble Free Day	<a href="http://pgfnz.org.nz/events/gamblefree-day">http://pgfnz.org.nz/events/gamblefree-day</a>
1 – 30	Cervical Screening Awareness Month	<a href="http://www.nsu.govt.nz">www.nsu.govt.nz</a>
1 – 30	Save Our Sight Month	<a href="http://www.nzao.co.nz">www.nzao.co.nz</a> <a href="http://www.saveoursight.co.nz">www.saveoursight.co.nz</a>
1 – 30	Students Against Dangerous Driving (SADD) Month	<a href="http://www.sadd.org.nz">www.sadd.org.nz</a>
8	International Day of Literacy	<a href="http://www.unesco.org/new/en/unesco/events/prizes-and-celebrations/celebrations/international-days/literacy-day">www.unesco.org/new/en/unesco/events/prizes-and-celebrations/celebrations/international-days/literacy-day</a>
9	Fetal Alcohol Syndrome Awareness Day	<a href="http://www.fan.org.nz/">http://www.fan.org.nz/</a>
10	Suicide Prevention Day	<a href="http://wspd.org.au/">http://wspd.org.au/</a>
15	World Lymphoma Awareness Day	<a href="http://www.lymphomacoalition.org">www.lymphomacoalition.org</a> <a href="http://www.leukaemia.org.nz/page/433">www.leukaemia.org.nz/page/433</a>
21	World Alzheimer's Day	<a href="http://www.alzheimers.org.nz">www.alzheimers.org.nz</a>
21	International Day of Peace	<a href="http://www.un.org/en/events/peaceday">www.un.org/en/events/peaceday</a>
22	World Car Free Day	<a href="http://www.carfreemetrodc.com">www.carfreemetrodc.com</a> <a href="http://www.worldcarfree.net/wcfd">www.worldcarfree.net/wcfd</a>
23	Term 3 ends – Primary, Intermediate and Secondary schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
<b>OCTOBER 2016</b>		
1 – 31	Health Literacy Month	<a href="http://www.healthliteracymonth.org">www.healthliteracymonth.org</a> <a href="http://www.healthliteracy.com">www.healthliteracy.com</a>
1 – 31	Breast Cancer Awareness Month / Street appeal days on TBC October	<a href="http://www.nzbcf.org.nz">www.nzbcf.org.nz</a>
1	International Day of Older Persons	<a href="http://www.ageconcern.org.nz">www.ageconcern.org.nz</a>
5	World Teachers Day	<a href="http://www.5oct.org">www.5oct.org</a>
8	World Arthritis Day	<a href="http://www.arthritis.org.nz">www.arthritis.org.nz</a>
10	World Mental Health Day	<a href="http://www.mentalhealth.org.nz">www.mentalhealth.org.nz</a>
10	Term 4 begins – Primary, Intermediate and Secondary schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>

11	International Day of the Girl Child	<a href="http://www.un.org/en/events/girlchild">www.un.org/en/events/girlchild</a>
14 & 15	Breast Cancer 'Pink Ribbon Street Appeal'	<a href="http://www.nzbcf.org.nz">www.nzbcf.org.nz</a>
15	White Cane Safety Day	<a href="http://blindfoundation.org.nz">http://blindfoundation.org.nz</a>
16	World Food Day	<a href="http://www.fao.org/world-food-day/home/en">www.fao.org/world-food-day/home/en</a>
20	World Osteoporosis Day	<a href="http://www.bones.org.nz">www.bones.org.nz</a>
20	World Statistics Day	<a href="http://en.unesco.org">http://en.unesco.org</a>
24	United Nations Day	<a href="http://www.un.org">www.un.org</a>
24 - 30	Blind Appeal Week/ Street collection days on 29 & 30	<a href="http://www.rnzfb.org.nz">www.rnzfb.org.nz</a>
<b>NOVEMBER 2016</b>		
1 – 30	5+ A Day Primary & Intermediate school challenge	<a href="http://www.5aday.co.nz/5plus-a-day/the-5plus-a-day-school-challenge-%E2%80%93-february-2016.aspx">www.5aday.co.nz/5plus-a-day/the-5plus-a-day-school-challenge-%E2%80%93-february-2016.aspx</a>
1 – 30	'Movember' Men's Health Month	<a href="http://www.nz.movember.com">www.nz.movember.com</a>
1 – 30	Epilepsy New Zealand 'Talk about it' Month	<a href="http://www.epilepsy.org.nz">www.epilepsy.org.nz</a>
12	World Pneumonia Day	<a href="http://worldpneumoniaday.org">http://worldpneumoniaday.org</a>
14	World Diabetes Day	<a href="http://www.diabetes.org.nz">www.diabetes.org.nz</a>
19	World Day for the Prevention of Abuse and Violence against Children	<a href="http://www.woman.ch/index.php?page=children_19nov">www.woman.ch/index.php?page=children_19nov</a>
20	World COPD Day	<a href="http://www.asthmafoundation.org.nz/news-and-events/world-copd-day">www.asthmafoundation.org.nz/news-and-events/world-copd-day</a>
<b>DECEMBER 2016</b>		
1	World Aids Day	<a href="http://www.nzaf.org.nz">www.nzaf.org.nz</a>
3	International Day of Disabled Persons	<a href="http://www.dpa.org.nz">www.dpa.org.nz</a>
5	World Volunteers Day	<a href="http://www.worldvolunteerweb.org">www.worldvolunteerweb.org</a>
10	World Human Rights Day	<a href="http://www.amnesty.org.nz">www.amnesty.org.nz</a>
16	Term 4 ends – Secondary school	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
18	International Migrants Day	<a href="http://www.un.org/en/events/migrantsday">www.un.org/en/events/migrantsday</a>
20	Term 4 ends – Primary and Intermediate schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>

Toi Te Ora – Public Health Service have collected this information from a variety of sources to be used throughout the community as a resource guide. Every effort has been made to ensure these dates are correct. For more information about each event please contact the relevant organisation through their website.

This calendar is also available online at [www.ttophs.govt.nz/calendar](http://www.ttophs.govt.nz/calendar) or for further information phone 0800 221 555.

*Toi Te Ora - Public Health Service is funded by the Ministry of Health and is the public health unit for the Bay of Plenty and Lakes District Health Boards. Toi Te Ora's purpose is to improve and protect the health of the population in the Lakes and Bay of Plenty districts with a focus on reducing inequalities.*

Website: [www.ttophs.govt.nz](http://www.ttophs.govt.nz) | Twitter: [www.twitter.com/ttophs](https://twitter.com/ttophs)