

**PRESENTS**  
**2013 Calendar of Public Health Events**

Date	Event	Contact
<b>JANUARY 2013</b>		
4	World Braille Day	<a href="http://www.rnzfb.org.nz">www.rnzfb.org.nz</a>
<b>FEBRUARY 2013</b>		
28 Jan – 7 Feb	Term 1 begins – Primary, Intermediate and Secondary Schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
1 – 28	IHC National Awareness and Appeal Month	<a href="http://www.ihc.org.nz">www.ihc.org.nz</a>
1 – 28	National Bike Wise Month – 13th February “Go by Bike Day”	<a href="http://www.bikewise.co.nz">www.bikewise.co.nz</a>
11 – 17	Heart Appeal Week – 15 <sup>th</sup> Street Appeal Day	<a href="http://www.heartfoundation.org.nz">www.heartfoundation.org.nz</a>
<b>MARCH 2013</b>		
1 – 31	Child Cancer Appeal Month	<a href="http://www.childcancer.org.nz">www.childcancer.org.nz</a>
1 – 31	Epilepsy New Zealand Awareness and Appeal Month – 26 <sup>th</sup> “International Purple Day” – Global day of Epilepsy Awareness	<a href="http://www.epilepsy.org.nz">www.epilepsy.org.nz</a>
3	National Children’s Day	<a href="http://www.childrensday.org.nz">www.childrensday.org.nz</a>
4 – 10	Plunket Society Fundraising Week	<a href="http://www.plunket.org.nz">www.plunket.org.nz</a>
4 – 11	Well Child Week	<a href="http://www.wellchild.org.nz">www.wellchild.org.nz</a>
7	World Book Day	<a href="http://www.worldbookday.com">www.worldbookday.com</a>
8	International Women’s Day	<a href="http://www.internationalwomensday.com">www.internationalwomensday.com</a>
11 – 17	Kidney Health Awareness Week – World Kidney Day 14 <sup>th</sup> March.	<a href="http://www.kidneys.co.nz">www.kidneys.co.nz</a>
11 – 17	Brain Awareness Week	<a href="http://www.brain-injury-nz.org">www.brain-injury-nz.org</a>
13	Walk To Work Day	<a href="http://www.livingstreets.org.nz">www.livingstreets.org.nz</a>
16 – 24	Muscular Dystrophy Awareness and Appeal Week “Bow Tie”	<a href="http://www.mda.org.nz">www.mda.org.nz</a>
22	Child Cancer “Beads of Courage” street appeal	<a href="http://www.childcancer.org.nz">www.childcancer.org.nz</a>
23 – 24	Neighbours Day Aotearoa	<a href="http://www.neighboursday.org.nz">www.neighboursday.org.nz</a>
24 – 30	Hearing Week	<a href="http://www.nfd.org.nz">www.nfd.org.nz</a>
24	World Tuberculosis Day	<a href="http://www.stoptb.org">www.stoptb.org</a>
<b>APRIL 2013</b>		
2	World Autism Day	<a href="http://www.autismnz.org.nz">www.autismnz.org.nz</a>
5 – 6	Red Puppy Awareness and Appeal RNZFB (Guide Dog appeal)	<a href="http://www.rnzfb.org.nz">www.rnzfb.org.nz</a>
7	World Health Day	<a href="http://www.who.int">www.who.int</a>
19	Term 1 ends – Primary, Intermediate and Secondary Schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
19	New Zealand RSA “Poppy Day”	<a href="http://www.rsa.org.nz">www.rsa.org.nz</a>

24 – 30	World Immunisation Week	<a href="http://www.moh.govt.nz">www.moh.govt.nz</a> <a href="http://www.vaccinationweek.info">www.vaccinationweek.info</a> <a href="http://www.who.int/mediacentre/events/annual/immunization_week/en/index.html">www.who.int/mediacentre/events/annual/immunization_week/en/index.html</a>
28 April – 5 May	Privacy Awareness Week	<a href="http://privacy.org.nz">http://privacy.org.nz</a>
29 April – 5 May	Salvation Army Red Shield Appeal	<a href="http://www.salvationarmy.org.nz">www.salvationarmy.org.nz</a>
29 April – 5 May	NZ Sign Language Week	<a href="http://www.deaf.org.nz">www.deaf.org.nz</a>
<b>MAY 2013</b>		
4 – 12	Youth Week	<a href="http://www.arataiohi.org.nz">www.arataiohi.org.nz</a>
5	International Midwives Day	<a href="http://www.midwiferycouncil.org.nz">www.midwiferycouncil.org.nz</a>
5	World Hand Washing Day	<a href="http://www.handhygiene.org.nz">www.handhygiene.org.nz</a>
6	Term 2 begins - Primary, Intermediate and Secondary Schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
6 – 12	Asthma Awareness Week (World Asthma Day 7 May)	<a href="http://www.asthmanz.co.nz">www.asthmanz.co.nz</a>
6 – 12	Road Safety Week – Theme “Streets for People”	<a href="http://www.brake.org.nz">www.brake.org.nz</a>
6 – 12	Red Cross Awareness and Appeal Week	<a href="http://www.redcross.org.nz">www.redcross.org.nz</a>
7	World Asthma Day	<a href="http://www.ginasthma.org">www.ginasthma.org</a>
8	World Red Cross Day	<a href="http://www.redcross.org.nz">www.redcross.org.nz</a>
10	Balloon Day Asthma and Respiratory Foundation	<a href="http://www.asthmanz.co.nz">www.asthmanz.co.nz</a>
12	ME Awareness Day	<a href="http://www.anzmes.org.nz">www.anzmes.org.nz</a>
12	International Nurses Day	<a href="http://www.nursingcouncil.org.nz">www.nursingcouncil.org.nz</a>
13 – 19	Hospice Awareness Week	<a href="http://www.hospice.org.nz">www.hospice.org.nz</a>
15	International Day of Families	<a href="http://www.un.org">www.un.org</a>
20 – 26	Food Week	<a href="http://www.nutritionfoundation.org.nz">www.nutritionfoundation.org.nz</a>
26 May – 1 June	Coeliac Awareness Week	<a href="http://www.coeliac.co.nz">www.coeliac.co.nz</a>
29	World Multiple Sclerosis Day	<a href="http://www.msnz.org.nz">www.msnz.org.nz</a>
31	World No Tobacco Day	<a href="http://www.hsc.org.nz">www.hsc.org.nz</a>
31 May – 6 June	Infant Gastric Reflux Awareness Week – 4 <sup>th</sup> Awareness Day	<a href="http://www.cryingoverspiltmilk.co.nz">www.cryingoverspiltmilk.co.nz</a>
<b>JUNE 2013</b>		
1 – 7	Autism NZ Appeal. Friday 7 <sup>th</sup> June Appeal Day	<a href="http://www.autismnz.org.nz">www.autismnz.org.nz</a>
7 – 9	World Vision 40 Hour Famine	<a href="http://www.famine.org.nz">www.famine.org.nz</a>
10 - 15	International Men’s Health Week	<a href="http://www.fatherandchild.org.nz">www.fatherandchild.org.nz</a> <a href="http://www.menshealthmonth.org/week">www.menshealthmonth.org/week</a> <a href="http://www.getthetools.org.nz/">www.getthetools.org.nz/</a>
16 – 22	National Volunteer Week	<a href="http://www.volunteeringnz.org.nz">www.volunteeringnz.org.nz</a>
20	World Refugee Day	<a href="http://www.unhcr.org.au">www.unhcr.org.au</a>
24 – 30	Order of St John’s “Flash A Light for St John” Appeal Week	<a href="http://www.stjohn.org.nz">www.stjohn.org.nz</a>
24 – 30	Continence Awareness Week	<a href="http://www.continence.org.nz">www.continence.org.nz</a>
26	International Day Against Drug Abuse and Illicit Trafficking	<a href="http://www.undcp.org">www.undcp.org</a>
<b>JULY 2013</b>		
1 – 31	Women’s Refuge Awareness Month	<a href="http://www.womensrefuge.org.nz">www.womensrefuge.org.nz</a>
1 – 7	Maori Language Week	<a href="http://www.tetaurawhiri.govt.nz">www.tetaurawhiri.govt.nz</a>

12	Term 2 Ends – Primary, Intermediate and Secondary Schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
15 – 22	Women’s Refuge Appeal Week	<a href="http://www.womensrefuge.org.nz">www.womensrefuge.org.nz</a>
28	World Hepatitis Awareness Day	<a href="http://www.hepfoundation.org.nz">www.hepfoundation.org.nz</a>
29	Term 3 begins – Primary, Intermediate and Secondary Schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
<b>AUGUST 2013</b>		
1 – 3	Amnesty International Awareness Appeal – 3 <sup>rd</sup> is collection day Freedom Week	<a href="http://www.amnesty.org.nz">www.amnesty.org.nz</a>
1 – 7	World Breastfeeding Week	<a href="http://www.womens-health.org.nz/">www.womens-health.org.nz/</a>
3 – 10	@Heart Awareness Week - @Heart Street Appeal Friday 9 August	<a href="http://www.heartnz.org.nz">www.heartnz.org.nz</a>
9	International Day of Indigenous People	<a href="http://www.un.org">www.un.org</a>
12 – 18	Students Against Driving Drunk (SADD) Week	<a href="http://www.sadd.org.nz/">www.sadd.org.nz/</a>
12 – 18	Parent to Parent NZ Awareness Week (collection day 17 August)	<a href="http://www.parent2parent.org.nz">www.parent2parent.org.nz</a>
30	Cancer Society “Daffodil Day”	<a href="http://www.cancernz.org.nz">www.cancernz.org.nz</a>
31 Aug – 7 Sept	Multiple Sclerosis Appeal Week	<a href="http://www.msanz.org.nz">www.msanz.org.nz</a>
<b>SEPTEMBER 2013</b>		
1	National Gamble Free Day	<a href="http://www.hsc.org.nz/our-activities/minimising-gambling-harm">www.hsc.org.nz/our-activities/minimising-gambling-harm</a>
1 – 30	Oral Health Month	<a href="http://www.healthysmiles.org.nz">www.healthysmiles.org.nz</a>
1 – 30	Cervical Screening Awareness Month	<a href="http://www.nsu.govt.nz">www.nsu.govt.nz</a>
1 – 30	Blue September – Prostate Awareness.	<a href="http://www.prostate.org.nz">www.prostate.org.nz</a> <a href="http://www.blueseptember.org.nz">www.blueseptember.org.nz</a>
1 – 30	Save Our Sight Month	<a href="http://www.nzao.co.nz">www.nzao.co.nz</a>
8 – 15	Conservation Week	<a href="http://www.doc.govt.nz">www.doc.govt.nz</a>
9 – 15	Stroke Awareness Week	<a href="http://www.stroke.org.nz">www.stroke.org.nz</a>
12	World Oral Health Day	<a href="http://www.nzda.org.nz">www.nzda.org.nz</a>
14	Māori Language Day	<a href="http://www.tetaurawhiri.govt.nz">www.tetaurawhiri.govt.nz</a>
15	World Lymphoma Awareness Day	<a href="http://www.lymphomacoalition.org">www.lymphomacoalition.org</a>
16 – 30	Bandanna Appeal “Canteen”	<a href="http://www.canteen.org.nz">www.canteen.org.nz</a>
21	World Alzheimer’s Day	<a href="http://www.alzheimers.org.nz">www.alzheimers.org.nz</a>
21	International Day of Peace	<a href="http://www.unesco.org.nz">www.unesco.org.nz</a>
22	World Carless Day	<a href="http://www.carfreemetrodc.com/">www.carfreemetrodc.com/</a> <a href="http://www.worldcarfree.net/wcfd/">www.worldcarfree.net/wcfd/</a>
22 – 28	Deaf Awareness Week	<a href="http://www.nfd.org.nz">www.nfd.org.nz</a>
24 – 30	Arthritis Orange Appeal Week	<a href="http://www.arthritis.org.nz">www.arthritis.org.nz</a>
27	Term 3 ends – Primary, Intermediate and Secondary Schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
28 Sept – 6 Oct	Age Concern Awareness Week	<a href="http://www.ageconcern.org.nz">www.ageconcern.org.nz</a>
<b>OCTOBER 2013</b>		
1 – 31	Health Literacy Month	<a href="http://www.healthliteracymonth.org/">www.healthliteracymonth.org/</a>
1 – 31	Breast Cancer Awareness Month. Street Appeal Days 11-12 October	<a href="http://www.nzbcf.org.nz">www.nzbcf.org.nz</a>

1	International Day of Older Person	<a href="http://www.ageconcern.org.nz">www.ageconcern.org.nz</a>
5	International World Teachers Day	<a href="http://www.5octr.org">www.5octr.org</a>
7 – 13	Mental Health Awareness Week – Mental Health Day 10 <sup>th</sup> October	<a href="http://www.mentalhealth.org.nz">www.mentalhealth.org.nz</a>
11 – 12	Breast Cancer “Pink Ribbon Day”	<a href="http://www.nzbcf.org.nz">www.nzbcf.org.nz</a>
14 – 20	Cystic Fibrosis Week	<a href="http://www.cfnz.org.nz">www.cfnz.org.nz</a>
14	Term 4 begins – Primary, Intermediate and Secondary School	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
20	World Osteoporosis Day	<a href="http://www.bones.org.nz">www.bones.org.nz</a>
24	United Nations Day	<a href="http://www.un.org">www.un.org</a>
29 Oct – 4 Nov	Blind Appeal Week	<a href="http://www.rnzfb.org.nz">www.rnzfb.org.nz</a>
<b>NOVEMBER 2013</b>		
1 – 7	Parkinson's Society Awareness and Appeal Week	<a href="http://www.parkinsons.org.nz">www.parkinsons.org.nz</a>
1 – 30	5+ A Day Promotion Month	<a href="http://www.5aday.co.nz">www.5aday.co.nz</a> <a href="http://www.vegetables.co.nz">www.vegetables.co.nz</a>
1 – 30	“Movember” Men’s Health Month	<a href="http://nz.movember.com/">http://nz.movember.com/</a>
1 – 30	Epilepsy New Zealand “Talk about it” month	<a href="http://www.epilepsy.org.nz">www.epilepsy.org.nz</a>
12 – 18	Diabetes New Zealand Awareness and Appeal Week. World Diabetes Day 14 <sup>th</sup> November	<a href="http://www.diabetes.org.nz">www.diabetes.org.nz</a>
14	World COPD Day	<a href="http://www.asthmafoundation.org.nz/news-and-events/world-copd-day">www.asthmafoundation.org.nz/news-and-events/world-copd-day</a>
25	“White Ribbon Day” for the Elimination of Violence against Women	<a href="http://www.whiteribbon.org.nz">www.whiteribbon.org.nz</a>
<b>DECEMBER 2013</b>		
1	World Aids Day	<a href="http://www.nzaf.org.nz">www.nzaf.org.nz</a>
3	International Day of Disabled Persons	<a href="http://www.dpa.org.nz">www.dpa.org.nz</a>
5	World Volunteers Day	<a href="http://www.worldvolunteerweb.org">www.worldvolunteerweb.org</a>
10	World Human Rights Day	<a href="http://www.amnesty.org.nz">www.amnesty.org.nz</a>
18	Term 4 ends – Secondary School	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>
20	Term 4 ends – Primary and Intermediate Schools	<a href="http://www.minedu.govt.nz">www.minedu.govt.nz</a>

Toi Te Ora – Public Health Service have collected this information from a variety of sources to be used throughout the community as a resource guide. Every effort has been made to ensure these dates are correct. For more information about each event please contact the relevant organisation through their website.

Toi Te Ora – Public Health Service provides health protection and health promotion programmes aimed at supporting groups and communities to improve and sustain health.  
We serve the greater Bay of Plenty and Lakes districts.

This calendar is also available online at [www.ttophs.govt.nz/calendar](http://www.ttophs.govt.nz/calendar)

For further information please contact one of our regional offices listed below:

**ROTORUA, TAURANGA, WHAKATANE**

**Phone 0800 221 555**